

1964 Region 8 Championship at Bemidji State College, Sat., May 30, 1964

Teams: Bemidji 35, Thief River Falls 24, Ada 21 ½, Littlefork 21, Roseau 19, Park Rapids 13 ½, Bagley 12, Middle River 11, Stephen 6, Hallock 6, Borup 5, Plummer 5, Baudette 4, Mahnomen 4, Crookston 4, Argyle 3, East Grand Forks 3, Halstad 2, Twin Valley 2, Karlstad 1, Fertile 1, Hendrum ½.

100

- 1 Rick Ellingson, Ada 10.3
- 2 Don Parmeter, Littlefork
- 3 Jerry Prickett, Middle River
- 4 Streed, Hallock
- 5 Nelson, Thief River Falls
- 5 Berg, Hendrum

220

- 1 Don Parmeter, Littlefork 22.1
- 2 Rick Ellingson, Ada (22.0p **)
- 3 Jerry Prickett, Middle River
- 4 Liedberg, Argyle
- 5 Gerry Phillips, Bemidji

440

- 1 Jerry Prickett, Middle River 50.6 **
- 2 Rick Ellingson, Ada
- 3 Sullivan, Park Rapids
- 4 Snider, Crookston
- 5 Liedberg, Argyle

880

- 1 Walter, Plummer 2:04.5
- 2 O. Joppru, Thief River Falls
- 3 Domagalla, Mahnomen
- 4 Sundby, Stephen
- 5 Anderson, Karlstad

Mile

- 1 Marv Gunderson, Ada 4:34.7 **
- 2 Gary Lyons, Baudette 4:35.4
- 3 Dick Kimball, Park Rapids
- 4 Chamberlain, Twin Valley
- 5 Joel Headley, Thief River Falls 4:38.1

High Hurdles

- 1 John Warford, Bemidji 14.5 **
- 2 Rivera, Bagley
- 3 Mickey James, Bemidji
- 4 Herrington, Hallock
- 5 Habstritt, Roseau

180 Yd. Low Hurdles

- 1 John Warford, Bemidji 20.0 **
- 2 Don Parmeter, Littlefork 20.1
- 3 Forsberg, Thief River Falls
- 4 Rivera, Bagley
- 5 Beltz, Bagley

* Ties Meet Record

** New Meet Record

Notes:

880 Relay

- 1 Bemidji 1:33.9 ** (James, Warford, Bohn, Phillips)
- 2 Thief River Falls
- 3 Stephen
- 4 Bagley

Mile Relay

- 1 Park Rapids 3:34.2 ** (Schmitz, McDowell, Kimball, Sullivan)
- 2 Thief River Falls
- 3 Bagley
- 4 Stephen

Shot Put

- 1 Bob Fortier, Bemidji 48-3
- 2 Dick Fortier, Bemidji
- 3 Nelson, Roseau
- 4 Larry Joppru, Thief River Falls
- 5 Wolbeck, Mahnomen

Discus Throw

- 1 Larry Joppru, Thief River Falls 142-2 **
- 2 Ladsten, Littlefork
- 3 Marklund, Littlefork
- 4 Reitmeier, Crookston
- 5 Miller, Fertile

Broad Jump

- 1 Ambuehl, Borup 20-10 ½
- 2 Streed, Hallock
- 3 Rick Ellingson, Ada
- 4 Kimball, Park Rapids
- 5 Don Parmeter, Littlefork

High Jump

- 1 Habstritt, Roseau 5-9
- 2 Wicklander, Roseau
- 3 Stromberg, Thief River Falls
- 4 John Warford, Bemidji
- 5 Larson, Bagley

Pole Vault

- 1 Mickey James, Bemidji 12-4 ¾ **
- 2 Olson, Roseau
- 3 Olson, East Grand Forks
- 4 Larson, Roseau
- 5 Lovas, Ada
- 5 Carey, Park Rapids